

**LAST COLUMN (What In Me Has Caused My Basic Instincts To Go Awry and Result In This Resentment or Fear)**

**WHERE HAVE I BEEN SELFISH?**

- Do I Feel Like I Must Give Something Up That I Do Not Want to Part With?
- Do I Want to Control The Situation and Write The Script?
- Do I Want Things My Way?
- Do I Feel That My Way Is The Only Way?
- Do I Want Others To Do Things My Way?

**WHERE HAVE I BEEN DISHONEST?**

- Have I Been Living From My Truth (Doing The Things That I Know Are Best For Me) Or Am I Living In Denial?
- Is There Something I Have Not Spoken Up About?
- Are There Boundaries I Have Not Set But Need To?
- Do I Want Others To Know (Without My Telling Them) How I am Thinking And Feeling?
- Have I Taken Anything That Doesn't Belong To Me?
- Am I Honest With Money?
- Am I Fooling Myself Or Lying To Myself?

**WHERE HAVE I BEEN SELF-SEEKING?**

- Am I Looking For Affirmation Of Who I Am From Others?
- Do I Want Praise, Applause, Acknowledgement From Others?
- Do I Want To Be In Control Of The Situation?
- Do I Want My Needs Taken Care Of Before Anyone Else's?
- Do I Feel I Know More Than Others? (Expert Complex)
- Do I Look To Other People To Help Me Define How I Feel About Myself?

**WHERE HAVE I BEEN FRIGHTENED?**

- Am I Resentful About Something That Has Not Happened Yet?
- Am I Resentful About Something That Might Happen At Some Later Date?
- Am I Blowing Things Out of Proportion? (Distorted Thinking)
- Am I Afraid Of Losing What I Have?

**WHERE HAVE I BEEN INCONSIDERATE?**

- Am I Able To See The Situation Or Issue From The Other Person's Perspective?
- Am I Unwilling to Acknowledge That Perhaps The Other Person May (Like Myself) Be Spiritually Sick?
- Am I Not Considering The Fact That This May Not Be About Me At All?