

PLEASE JOIN US FOR A
VIRTUAL WORKSHOP:
**CELEBRATING THE
HOLIDAYS IN RECOVERY**

*Learn strategies to navigate
the holidays abstinently*

Saturday October 15, 2022
1:00- 2:30 PM EST
ZOOM ID:
Dial in #: 1.646.876.9923
Meeting ID: 774-646-690
Join Zoom Meeting:
<https://us04web.zoom.us/j/774646690>
Password: 535356

This Workshop is being sponsored by Nassau County Intergroup of
Overeaters Anonymous Workshop Committee